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1420 E Chandler Blvd Unit B-103 Phoenix, AZ 85048 www.ithaibistro.com



(Online Order Now Available )

# Gluten Free Menu



# Please make sure to inform your server that you need the <u>GLUTEN FREE VERSION</u> of your dish

## **Appetizer**

- Edamame 6.95
- Summer Roll <u>Steamed Tofu</u> or Veggie 9.95 | Shrimp ,Chicken or Avocado 10.95

3 Rice paper | Mixed green | Cabbage | Carrot | Peanut Sauce | Sweet & Sour

• Chicken Satay 12.95

4 Grilled Marinated Chicken | Cucumber sauce | Peanut sauce

#### Salad

• House salad Small 6.95 | Large 12.95 Mixed Green | Carrot | Peanut sauce

#### Grill

Served with Jasmine Rice, Substitute Brown Rice \$2.00

BBO Chicken 18.95

Thai Marinade chicken | Mixed green| Sweet & sour sauce

• Salmon Teriyaki 23.95

Grilled Marinate Salmon fillet | Sesame | Steam Broccoli

### Chef's Special

#### **Choice of Protein**

- Chicken or Pork 17.95
- Veggies, Steamed Tofu or No Meat 17.95

- Beef 18.95
- Shrimp or Calamari 20.95
- Seafood (Shrimp, Calamari and Scallop) 22.95
- Scallop 23.95
- Steamed Salmon 25.95
- Mango Curry

Red Curry Paste | Coconut milk | Mango | Bamboo | Basil | Broccoli | Carrot | Bell Pepper | Zucchini

• Pumpkin Curry

Red Curry Paste | Coconut milk | Pumpkin | Bamboo | Basil | Broccoli | Carrot | Bell Pepper | Zucchini

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Avocado Curry

Red Curry Paste | Coconut milk | Avocado | Bamboo | Basil | Broccoli | Carrot | Bell Pepper | Zucchini

#### • Buddha Bowl 16.95

<u>Steamed Tofu</u> Or Steamed Chicken | Brown Rice | Broccoli | Carrot | Mixed green | Cabbage | Peanut Sauce

• Crab Fried Rice 20.95

Real Crab Meat | Egg | Carrot | Broccoli | Cabbage |
Green onion | Onion

### Beverages

Soda

•	Thai Iced Tea or Coffee	<b>Small</b> 5.50	<b>Large</b> 6.50
•	Thai Iced Matcha Latte	<b>Small</b> 5.50	<b>Large</b> 6.50
•	Thai Lemon Iced Tea	<b>Small</b> 5.50	<b>Large</b> 6.50
•	Lemonade	<b>Small</b> 5.50	<b>Large</b> 6.50
•	Regular Iced Tea (Unsweet)	4.50 (Free refill)	
•	Jasmine Tea (Ice/Hot)	3.50	
•	Green Tea (Ice/Hot)	3.50 (Unsweet)	
•	Peach Passion Tea (Ice/Hot)	3.50 (Unsweet / Caffeine Free)	
•	Perrier	3.50	
•	Bottled Water	1.50	

2.50

#### Side Order

Peanut Sauce	2.00
Sweet & Sour Sauce	1.50
Steamed Jasmine Rice	3.00
Steamed Brown Rice	4.00
Steamed Rice Noodle	4.50
Steamed Broccoli	4.50

Prices subject to change without notice. 18% gratuity will be added for 5 or more.



# **S** Gluten Free Menu

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#### **Choice of Protein**

- Chicken or Pork 15.95
- Veggies, Steamed Tofu or No Meat 15.95
- Beef 16.95
- Shrimp or Calamari 18.95
- Seafood (Shrimp, Calamari and Scallop) 19.95
- Scallop 20.95
- Steamed Salmon 22.95

#### Spicy

No Spicy, Mild, Medium, Hot, Thai Hot

#### Soup

• Tom Yum (Hot & Sour Soup)

Lemongrass | Kaffir | Lime leaves | Mushroom | Cilantro

• Tom Kha (Coconut Soup)

Coconut milk | Galanga root | Lemongrass | Lime leaves | Mushroom | Cilantro

#### Curry

Served with Jasmine Rice, Substitute Brown Rice \$2.00

Red Curry

Red Curry Paste | Coconut milk | Bamboo | Basil | Broccoli | Carrot | Bell Pepper | Zucchini

Yellow Curry

Yellow Curry Paste | Coconut Milk | Potato | Carrot | onion

• Panang Curry

Panang Curry Paste | Coconut Milk | Basil | Carrot | Broccoli | Zucchini | Bell pepper

Massaman Curry

Massaman Curry Paste | Coconut Milk | Whole Peanut | Potato | Carrot | Onion

#### **Dessert**

- Sweet Sticky Rice With Mango (Seasonal) 9.95
- Sweet Sticky Rice With Custard 9.95
- Sweet Sticky Rice With Coconut Ice Cream 9.95
- Coconut Ice Cream 5.95
- Mango Sorbet (Daily free) 6.95

#### Wok

Served with Jasmine Rice, Substitute Brown Rice \$2.00

Rasil

Broccoli | Bell Pepper | Carrot | Bamboo | Onion | Basil

Ginger

Ginger | Broccoli | Carrot | Onion | Green Onion | Mushroom

• Garlic

Garlic | Broccoli | Carrot | Onion | Green Onion | Mushroom

• Broccoli On Wok

Broccoli | Carrot | Onion

• Veggie Lover

Broccoli | Bamboo | Beansprout | Carrot | Cabbage | Mushroom | Onion | Bell Pepper | Zucchini

Cashew

Broccoli | Carrot | Onion | Green Onions| Pineapple | Cashew

Kung Pao

Zucchini | Bell pepper | Green onion | Onion | Whole Peanut

#### **Noodle & Rice**

• Thai Fried Rice

Egg | Broccoli | Carrot | Cabbage | Onion | Green onion

• Spicy Fried Rice

Broccoli | Carrot | Bell Pepper | Basil | Cabbage | Onion

• Pineapple Fried Rice

Pineapple | Cashew | Broccoli | Carrot | Cabbage | Onion | Curry Powder | Raisin

Pad Thai

Thin Rice Noodle | Tamarind Sauce | Egg | Beansprout | Green Onion | Ground Peanut

Pad See Ew

Flat Rice Noodle | Brown Sauce | Egg | Broccoli | Carrot | Cabbage | Onion

• Drunken Noodle

Flat Rice Noodle | Brown Sauce | Broccoli | Carrot | Bell Pepper | Basil | Onion | Cabbage

• Garlic Noodle

Flat Rice Noodle | Egg | Onion | Green Onion | Bean sprout

• Pad Woon Sen

Bean Thread Noodle | Brown Sauce | Egg | Onion | Green onion | Broccoli | Cabbage | Carrot

• Singapore Noodle

Bean Thread Noodle | Egg | Green Onion | Onion | Bell Pepper | Carrot